

DR. GORETTI H. TAGHVA

LEA PLASTIC SURGERY  
NEWPORT BEACH, CALIFORNIA

ON

MORE THAN MEETS THE EYE

Although widely regarded as a national opinion leader on blepharoplasty and Asian aesthetic surgery, Dr. Goretti H. Taghva has honed her surgical and nonsurgical techniques through a diverse range of procedures that also include rhinoplasty, breast augmentation, facial rejuvenation and Mommy Makeovers. “To understand what my patients really want, I look at aesthetics firstly as a woman and secondly as a surgeon. Because of my background, I work very hard to not apply a single beauty standard to every patient, and instead, tailor my approach to each individual.” This customization starts with the amount of time she spends with each patient long before treatment ever begins. “The most important thing is talking with my patients,” she says. “Through our conversations, I make sure they understand the risks, the recovery period and what changes we can achieve.”

My role is to enhance beauty, not change it.

WHO I AM

1. **WHAT ARE YOUR MOST REQUESTED PROCEDURES?**  
Upper and lower blepharoplasty, fat transfer, endoscopic breast surgery and endoscopic browlift

2. **HOW DOES YOUR STAFF ENHANCE YOUR PRACTICE?**  
My staff shares my philosophy when dealing with patients, and they pride themselves on treating every one of them individually rather than like just another patient

3. **WHAT SURGICAL TRENDS ARE YOU SEEING AT YOUR PRACTICE?**  
I am seeing a trend toward more nonsurgical and less-invasive surgery. I’m glad to see the trend is moving away from large *Baywatch*-style breast implants of the past. Women are now looking for a more sophisticated look, which is definitely my preference

4. **WHAT NEW SERVICES ARE YOU EXCITED TO OFFER?**  
Endoscopic breast augmentation, Vivace RF Microneedling, Selphyl® Platelet-Rich Fibrin Matrix treatments and Emsculpt®

5. **HOW DO YOU PROVIDE THE SAFEST ENVIRONMENT FOR YOUR PATIENTS?**  
We have recently built a brand-new, state-of-the-art office and accredited surgery center from the ground up to provide the latest surgical advancements

6. **HOW ARE YOU HELPING TO ADVANCE YOUR FIELD?**  
I pride myself on traveling internationally to exchange ideas with other plastic surgeons in other countries



**FULL FACIAL REJUVENATION**  
To give this 55-year-old patient a natural-looking rejuvenated appearance, Dr. Taghva performed a facelift with fat transfer, necklift, an endoscopic browlift and a chin augmentation.

PHOTOGRAPH BY: PAUL DIMALANTA

+ **WHAT I’M BEST KNOWN FOR**  
Blepharoplasty and Asian aesthetics

**WHAT I LOVE MOST ABOUT MY PROFESSION**  
I like the real, positive and immediate difference I can make in a patient’s life

**THREE WORDS THAT BEST DESCRIBE ME**  
Humble, caring, detail-oriented



ABOUT DR. TAGHVA

Dr. Goretti H. Taghva frequently travels around the globe to exchange surgical experience and know-how with other renowned plastic surgeons. She is committed to her ongoing education so that she may offer patients the safest and most innovative surgical and nonsurgical options.

MY CREDENTIALS

**Medical Degree**  
Warren Alpert Medical School of Brown University

**Board Certification**  
American Board of Plastic Surgery

CONTACT

Visit the doctor’s gallery of **before-and-after** photos at: [newbeauty.com/taghva](http://newbeauty.com/taghva)

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A FEW OF MY SPECIALTIES...

- Abdominoplasty
- Aesthetic Injectables
- Blepharoplasty
- Body Contouring
- Bodylift
- Breast Augmentation
- Breast Lift
- Breast Reduction
- Browlift
- Buttocks Augmentation
- Buttocks Lift
- Endoscopic Surgery
- Facelift
- Mid-Facelift
- Facial Implants
- Fat Transfer
- Laser Resurfacing
- Lip Augmentation
- Liposuction
- Necklift
- Rhinoplasty
- Skin Cancer Reconstruction
- Emsculpt®
- Vivace™ RF Microneedling
- ThermiVa®